



Indigo Healing Solutions

IM Quick Shots

Fast, Targeted Wellness. Powerful Results.

Biotin

Healthy Hair • Radiant Skin • Strong Nails

Biotin (Vitamin B7) supports keratin production for strong hair, skin, and nails. It boosts energy metabolism and encourages cellular renewal for a natural glow.

Vitamin B12

Energy • Focus • Metabolism

B12 enhances red blood cell production, supports nerve function, and promotes mental clarity. Ideal for reducing fatigue and boosting natural energy levels.

B-Complex

Energy • Immunity • Cellular Health

A blend of essential B vitamins that support metabolism, reduce stress, and improve brain function while strengthening the immune system.

CoQ10

Antioxidant • Energy • Heart Health

CoQ10 powers cellular energy, supports cardiovascular health, and reduces oxidative stress. Excellent for improving stamina and promoting healthy aging.

Tri-Immune (Immunity Boost)

Defend. Strengthen. Protect.

Combines Glutathione, Vitamin C, and Zinc to enhance immune response, support tissue repair, and protect the body from illness and inflammation.

Vitamin B5 (Dexpanthenol)

Wound Healing • Skin Hydration

Promotes skin moisture retention, tissue repair, and elasticity. Ideal for improving hydration, healing, and post-procedure recovery.

Vitamin B6 (Pyridoxine)

Nerve Function • Red Blood Cell Formation

Supports nerve transmission, brain health, and hormone balance while assisting in red blood cell formation and energy production.

Carnitine

Muscle Health • Increased Blood Flow

Enhances fat metabolism and improves circulation. Great for muscle recovery, endurance, and overall performance.

Amino Acids

Repair. Recover. Renew.

Provide building blocks for tissue repair, muscle recovery, and immune support. Perfect after workouts or illness for overall restoration.

Vitamin D

Bone Strength • Immunity • Mood

Improves calcium absorption, strengthens bones, supports immune function, and enhances mood and energy balance.

MIC (Methionine, Inositol, Choline)

Fat Metabolism • Energy • Detox Support

This lipotropic blend supports liver function, breaks down fat, and boosts metabolism for improved energy and weight management.

Empowering Health. Restoring Balance. Inspiring Wellness.